

8. Short-burst writing: potion instructions

In our page from Professor Dame Folklore's book, it tells us that the River Unicorn's horn has healing powers: When ground into powder and mixed with the correct ingredients, the horn can heal almost all human ailments.

Here is a recipe for a magic potion to heal a broken heart. One of the ingredients is the River Unicorn's horn.

Healing Potion for a Broken Heart (Human)

Have you lost the love of your life? Do you need a little pick-me-up to fix you up?

A broken heart is one of the most painful human ailments, although it is very common.

Mix this potion in the light of a setting sun and drink immediately to heal your heart and be ready to love again.

Ingredients:

- 1 mug of sugary tea
- ½ handful ground River Unicorn horn
- 6 red rose petals, chopped
- A thimble-full of melted chocolate
- 13 pieces of glass from a smashed mirror
- 10 teddy bear tears
- 3 drops candle wax

How to make the potion:

1. Find a perfect spot in a natural place where the sunset can be seen clearly. Hope for birdsong.
2. Pour the tea and the chocolate into a medium sized cauldron and whisk to combine.
3. Carefully add the mirror pieces, the rose petals and the ground unicorn horn to the liquid and stir slowly.
4. Heat gently for 3 minutes.
5. Drop the candle wax and teddy bear tears into the cauldron.
6. Stir anticlockwise until a smooth, red liquid is formed.
7. Wait 5 minutes for the mixture to rest and cool.
8. Drink immediately for full effect.

After you have consumed the potion, return home and have a lovely long sleep. When you wake up the next day, your heart will be fully restored and ready to love again.