

Invaders and Settlers: Romans

The Equipment of a Roman Soldier

Scutum

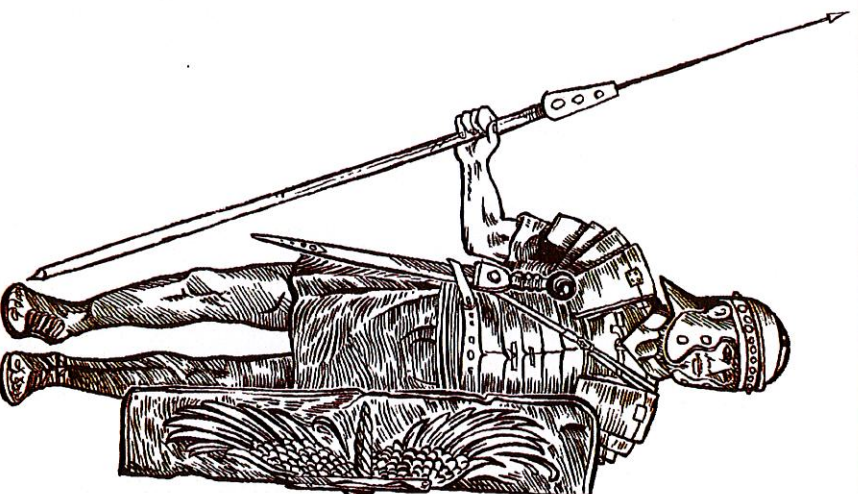
This was a semi-circular **shield**. The curved surface helped to deflect weapons or objects thrown at the soldier. He carried it on his left-hand side.

Gladus

This was a light, short **sword**, around 50cm long. It was carried on the right-hand side of the body. A small dagger, called a pugio, was carried on the left-hand side.

Pilum

This was a throwing **spear**, around two metres long. It was designed to bend and stick in the enemies' shields. They were hard to pull out, so couldn't be thrown back.



Cassis

This was a helmet. It had a rim which protected the forehead. The back of the helmet had a guard to protect the neck from sword blows.

Lorica Segmentata

This was flexible, protective body armour made from overlapping pieces of iron. They were fastened together with leather strips.

Caligae

These were thick leather **sandals**. They were studded with hobnails along the bottom for marching long distances over rough ground.