



PSCHE / RSE Overview 2022/2023

Cycle A

	Autumn	Spring	Summer
Early Years	Me and My Relationships Valuing Differences	Keeping Myself Safe Rights and Responsibilities	Growing and Changing Being My Best
Key Stage 1 (Year 1 and 2)	Me and My Relationships Keeping Myself Safe	Growing and Changing Being My Best	Rights and Responsibilities Valuing Difference
Lower Key Stage 2 (Year 3 and 4)	Me and My Relationships Keeping Myself Safe	Growing and Changing Being My Best	Rights and Responsibilities Valuing Difference
Upper Key Stage 2 (Year 5 and 5)	Me and My Relationships Keeping Myself Safe	Being My Best Valuing Difference	Rights and Responsibilities Growing and Changing

A medium-term plan for each unit is available on request.

Additional curriculum enrichment opportunities include:

- **Children's Mental Health Day / Week**
- **Celebrating Black History Month**
- **Celebrations around the World (Holi, Lunar New Year)**
- **Work with the NSPCC**
- **Assemblies with a focus on British Values and Protected Characteristics**
- **Additional Contextual Safety Assemblies / Classroom Discussions**
- **Safer Internet Day**
- **Primary Enterprise Workshops**