



PSCHE / RSE Overview 2023/2024

	Autumn	Spring	Summer
Early Years	Me and My Relationships Keeping myself safe	Growing and Changing Being my best	Rights and responsibilities: Valuing difference
Key Stage 1 (Year 1 and 2)	Me and My Relationships Keeping Myself Safe	Growing and Changing Being My Best	Rights and Responsibilities Valuing Difference
Lower Key Stage 2 (Year 3 and 4)	Me and My Relationships Keeping Myself Safe	Growing and Changing Being My Best	Rights and Responsibilities Valuing Difference
Upper Key Stage 2 (Year 5 and 6)	Me and My Relationships Keeping Myself Safe	Being My Best Valuing Difference	Rights and Responsibilities Growing and changing- (Y5/6 children to be taught age-appropriate content for this topic only)

A medium-term plan for each unit is available on request.

Additional curriculum enrichment opportunities include:

- Children's Mental Health Day / Week
- Celebrating Black History Month
- Celebrations around the World (Holi, Lunar New Year)
- Work with the NSPCC
- Assemblies with a focus on British Values and Protected Characteristics
- Additional Contextual Safety Assemblies / Classroom Discussions
- Safer Internet Day
- Primary Enterprise Workshops