20 Random Acts of Kindness

Try some of these random acts of kindness. You will need to ask an adult for help before completing some of these activities.

- 1. Let somebody go first.
- 2. Help a friend with their work.
- 3. Ask somebody who is by themselves to come and play.
- 4. Let somebody go in front of you in the line.
- 5. Bring flowers for a grown-up.
- 6. Share your snack.
- 7. Make a drink for somebody.
- 8. Thank somebody.
- 9. Give somebody a hug.
- 10. Give some toys to a charity shop.
- 11. Draw somebody a picture.
- 12. Pick up litter.
- 13. Read a story to somebody younger.
- 14. Make a new friend.
- 15. Help to wash somebody's car.
- 16. Help a grown-up with a job.
- 17. Smile at people.
- 18. Tidy your bedroom.
- 19. Help somebody who has dropped something.
- 20. Feed the birds.











