



Oral Health Policy

Policy Owner: Lynsey Briddock, Head Teacher
Approver: Stamfordham Primary School Governing Body
Effective date: September 2023
Next Review date: September 2026

Intent

Stamfordham Primary School strives to raise awareness of the importance of good oral health for children. The early years for children are when many routines are formed and are often carried through to adulthood. Therefore, our Early Years Unit is a very important place to introduce a good oral health routine. We aim to ensure that all aspects of food and nutrition in Stamfordham Primary School promote the health and wellbeing of pupils and to provide age appropriate knowledge and skills in order to make healthy choices.

Implementation

Food/Snacks/Drinks

- Snacks provided for children and staff will be tooth friendly.
- Tooth friendly snacks will be varied daily and children will be encouraged to try new foods.
- Any food containing added sugar will be restricted to mealtimes only and will be provided on a limited basis.
- Milk and water only will be offered to children as drinks throughout the day.
- Sweets and chocolate will not be used by staff as rewards for good behaviour and work.
- Staff will encourage parents to provide alternatives to cake, such as a fruit basket, to celebrate special occasions, such as birthdays.
- Sweets and chocolates will not be provided to celebrate birthdays or special occasions.

Children

- Oral health will be included as part of the Early Years curriculum and good oral hygiene will be encouraged at all times.
- Visits from a dentist, hygienist or someone who can talk about oral health will be arranged during the academic year.

Parents

- Parents will be encouraged to continue their regular toothbrushing routine at home.
- Parents can access information and advice about toothbrushing and oral health from staff at Stamfordham Primary School.

Staff

- Appropriate training and information about oral health will be made available to staff.
- Staff will promote oral health at all times and consider how their behaviours have an impact on children e.g. by making healthy food and drink choices.
- The oral health policy will be included as part of the induction of new staff.
- The policy will be reviewed and updated on an annual basis by staff & parents.